

Exmouth Food Bank May 2022 News



This month

We hope you all enjoyed a lovely Easter. We were fortunate enough to have many Easter egg donations from all areas of the community and so our clients received some lovely chocolate treats in their food parcels.

A special thank you this month goes out to the Strand Pub who have been an ongoing supporter of the Food Bank and have so far donated an astonishing 10,000 food items to us from their staff and customers – *you are amazing!*

Current volumes

We have just finalised our numbers for April and during the month we supplied 252 parcels to feed 586 people. The number of people we are feeding is continuing to increase month on month (it was 492 in March.)

The volumes show a 19% increase from March to April which is a concerning trend but not entirely surprising given all the media news about the increasing pressures on household finances. We will of course be here to help people in need in and around Exmouth so are preparing for these high volumes to continue.



Sharing the word

At the Food Bank, we are always keen ensure that everyone knows about us and how to get in touch should they need help.

We were recently the subject of a front-page article in the Exmouth Journal and we have signed up for the 'Bank the Food' app which is an app that supporters can download on their devices to keep up to date with which food items the Food Bank is most in need of.

On Yer Bike!

The photo opposite shows two of our volunteers testing out the Exmouth Transition cargo electric bikes.

Following a pilot last year, the scheme is now being launched. The Food Bank has kindly been granted free booking of the bikes for any volunteer riders to use for food collections or deliveries.

What a great way to reduce our carbon footprint and keep us fit at the same time!



A standard food parcel

We are pleased to report that, due to the purchase of a fridge, we are now able to offer cheese and spread to clients who collect their parcels from the Food Bank.

Our standard parcel now contains; bread, eggs, fresh fruit and vegetables, longlife milk and canned foods plus cheese and spread for those that come in to see us.